



Event Overview

EVENT NAME	Cultural Competence and Effective Communication Workshop
DATE AND TIME	TBD
COST PER SESSION	\$595 + HST per person (group discounts offered)
DURATION	One and a half days

Brief Description

Ontario is one of the most multicultural places to live in the world. With over 200 different cultures, understanding cultural sensitivities has become one of the cornerstones in ensuring best business practices. Diverse workplaces have many benefits including productivity, innovation and growth. To cultivate a healthy work culture, competency training is a must.

This one and half day course is an interactive workshop that will help build your cultural knowledge using scenarios and role plays to help open a more in-depth discussion.

The workshop is for all levels of competencies and some scenarios are more basic, to ensure attendees at all levels can participate.

Objectives

- Gain an understanding of how central culture is to us
- Why are biases harmful and how can they be interrupted
- What is Neuroplasticity and how it works
- How does self-awareness create awareness of others
- Culture Barriers - Systemic/Institutional Barriers
- Effective communication through a cultural lens

Benefits

This course is designed to help professional industries and companies foster truly diverse workplaces by providing a deeper understanding of who they work with and their cultural differences. Without an understanding of culture and different worldviews, employers are not able to benefit from a diverse workforce. This can lead to unhappy workplaces resulting in people of colour and other marginalized groups feeling disengaged, irrelevant and dissatisfied and ultimately leaving companies.

This course provides a deep dive into cultural learning and how to engage with employers and employees effectively. The course also provides tools to help as reminders of what we can do to engage in meaningful

dialogue.